

## Optical Services

**Eye Exams** - You are eligible for one exam per year if you are under 18 or over 64 years of age. Others receiving Supplementary Health benefits are eligible for one exam every two years.

**Glasses** - An optometrist or optical dispensary may provide you with plain-framed glasses after prior approval. The program may pay for replacement of lost or broken glasses on an individual basis, but will not do so more than once in a two-year period.

## Chiropody (Podiatry)

Foot care visits and appliances provided through Regional Health Authority clinics are covered. The services of private podiatry clinics are not covered under this program.

## Chiropractic

Visits to chiropractors are covered. X-ray examinations are included when necessary.

## Medical Transportation in Saskatchewan

Coverage includes patient charges for **emergency** road and air ambulance services.

In northern Saskatchewan, long-distance, medically-related transportation by commercial carriers is available with prior approval by local health personnel. For information on eligibility and access to this service, contact: Athabasca Regional Health Authority, Keewatin Yatthé Regional Health Authority or Mamawetan Churchill River Regional Health Authority.

## Benefits Outside Saskatchewan

Supplementary Health coverage does not normally extend to services outside Saskatchewan. However, these services may be covered if you receive care, treatment or training outside of the province, with prior approval of Saskatchewan Social Services.

## Payment Method

**Always present your Supplementary Health card or temporary health coverage form when you request a Supplementary Health service.** Service providers are paid directly.

If you have questions or concerns regarding **Supplementary Health cards**, please call Saskatchewan Health Registration at (306) 787-3251 in Regina or toll free at 1-800-667-7551.

If you have questions or concerns regarding **Supplementary Health benefits**, please call Saskatchewan Health at (306) 787-3124 in Regina or toll free at 1-800-266-0695, or write to:

Saskatchewan Health  
3475 Albert Street  
Regina, Saskatchewan  
S4S 6X6

If you have questions about **Drug Coverage** please call (306) 787-3317 in Regina or toll free at 1-800-667-7581.

[www.health.gov.sk.ca](http://www.health.gov.sk.ca)



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# SUPPLEMENTARY HEALTH COVERAGE